



WEEK BEGINNING 15/01/2018

Day	Main Options	Carbohydrates and vegetables	Dessert
Monday	Mixed Pasta Day (wholemeal & plain) Ham, Cheese (V) or Tomato (V)	Jacket Potato Mixed Vegetables *Warm Bread	Tray bake & Custard
Tuesday	Beefburger in a Bun Homemade Veggie Burger (V)	Potato Wedges Sweetcorn Peas	Arctic Roll
Wednesday	Locally Sourced Turkey or Beef Quorn Roast (V)	Roast Potatoes Mashed Potatoes Broccoli and Carrots Roasted Vegetables	Brownie
Thursday	<u>TEAR THIEF LUNCH</u> Chicken Stew Macaroni Cheese (V)	Teardrop potatoes Winter vegetables and onions	Rhubarb and Strawberry Crumble with custard Teardrop Dessert
Friday	Golden Fish Fingers Omelette (V)	Chips Peas Baked Beans *Sunflower bread	Cookie

*Homemade bread

Fresh salad bar, fruit and cold desserts available every day

