

## WEEK 1

Week beginning: 11/6 & 9/7

Day	Main Options	Carbohydrates and vegetables	Dessert
Monday	Chicken Goujons Quorn Dippers (V)	Oven Baked Herby Diced Sweetcorn Baked Beans	Fruit & Ice-cream
Tuesday	BIG BREAKFAST Butchers Sausage & Bacon Vegetarian Sausage (V)	Hash Browns Omelette Baked Beans/Tomatoes	Flapjack & Custard
Wednesday	Pasta Bolognaise Mozzarella/Pesto and Tomato Tart	New Potatoes Mixed Vegetables *Wholemeal Bread*	Fruit Muffin
Thursday	Locally Sourced Turkey or Gammon Quorn Roast (V)	Boiled Potatoes Cauliflower Cheese Carrots	Shortbread
Friday	Fish Fingers Omelette	Chips Peas Baked Beans *Homemade Bread*	Bakewell Tart

<sup>\*</sup>Homemade bread

