



WEEK 3
 Week beginning: 17/9 8/10 5/11 26/11 17/12

Day	Main Options	Carbohydrates and vegetables	Dessert
Monday	Cheese or Pepperoni Pizza Bean and Salad Wrap	Oven Baked Herby Diced Peas Baked Beans	Iced Sponge Mousse (Soya)
Tuesday	Chinese Chicken Quorn Greek Meatballs	Rice Sweetcorn Carrots	Brownie And Custard Jelly Pots
Wednesday	Roast Turkey Crispy Topped Vegetarian Pie	Mashed Potato Broccoli Carrots Cauliflower Cheese	Lemon Pie Trifle
Thursday	Tuna & Sweetcorn Pasta Quorn Paella	Pasta/Rice Mixed Vegetables	Cookies Cheese & Biscuits
Friday	Fish Fingers Mac 'n' Veg Slice	Chips Sweetcorn Baked Beans	Fruit Jelly & Ice-cream

*Homemade bread available each day

Fresh salad bar, fruit and cold desserts available every day

